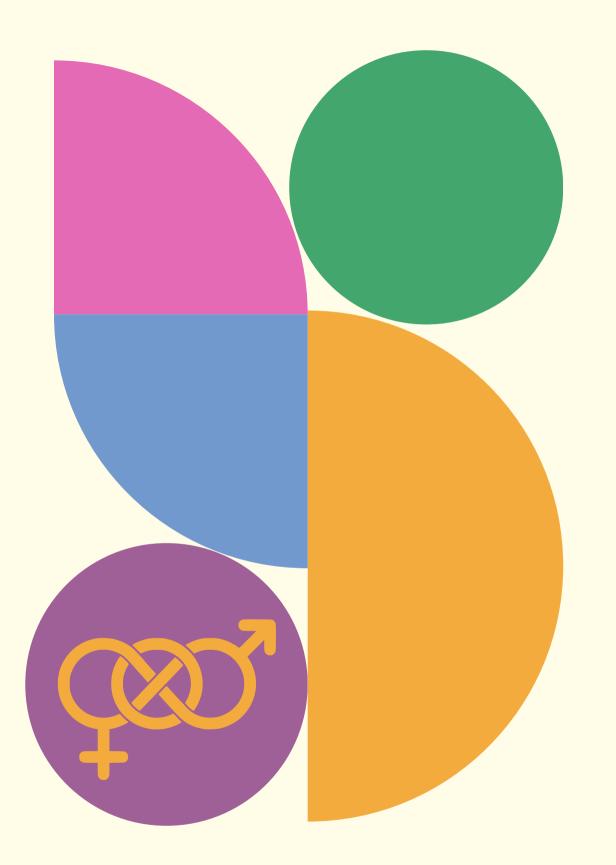


### Promoting Awareness on Sex, Gender Identity and Gender Expression in Higher Education – Results of the evaluated Training

JoinMe2 Conference Izmir, 15.06.2023

**Dr. Franziska Bonna,** University of Bremen, Germany **Dr. Anna Nobili,** University of Derby, United Kingdom



## Learning Outcomes of the module

### → Awareness

- Terminology & language
- Stereotypes
- Unconscious bias
- → Discrimination and privileges
- → Strategies for educational context

#### Awareness

# Who is the specialist?



# Who is the specialist?

A father and his son are driving together and have a bad car accident.

# Who is the specialist?

 $\rightarrow$ 

A father and his son are driving together and have a bad car accident.

The father is killed immediately. The son is driven to the hospital with and immediately taken to the surgery room.

# Who is the specialist?

→ to ao TI

 $\rightarrow$ 

The father is killed immediately. The son is driven to the hospital with and immediately taken to the surgery room.

The doctor takes a quick look at him and says that a specialist should be consulted.

A father and his son are driving together and have a bad car accident.

# Who is the specialist?

A father and his son are driving together and have a bad car accident.

The father is killed immediately. The son is driven to the hospital with and immediately taken to the surgery room.

The doctor takes a quick look at him and says that a specialist should be consulted.

The specialist comes in, sees the young man on the operating table and says: "I can't operate on him, he's my son."

# Who is the specialist?

How is that possible?

A father and his son are driving together and have a bad car accident.

The father is killed immediately. The son is driven to the hospital with and immediately taken to the surgery room.

The doctor takes a quick look at him and says that a specialist should be consulted.

The specialist comes in, sees the young man on the operating table and says: "I can't operate on him, he's my son."



Heteronormativity

This is

## impossible?

## The specialist must be the father, then!



Sexism

Not Heteronormativity

then!

## The specialist must be the second father,



#### Not Sexism

Heteronormativity

The specialist must be the mother, then!

## Binary Gender Stereotypes

## Masculine and feminine roles are not biologically fixed, but socially constructed.



**WOMEN** 

#### Role Models

#### Stereotypes

### Unconscious Bias

#### **Profession** Education



### Unconscious Bias

"Cute! She is a real doll-mom! She's so caring!"

"How exactly he's examining the doll – He'll surely become a doctor one day!"



#### Role Models

#### Stereotypes

### Unconscious Bias

#### Profession

#### **Education**



### Role Models

#### Stereotypes

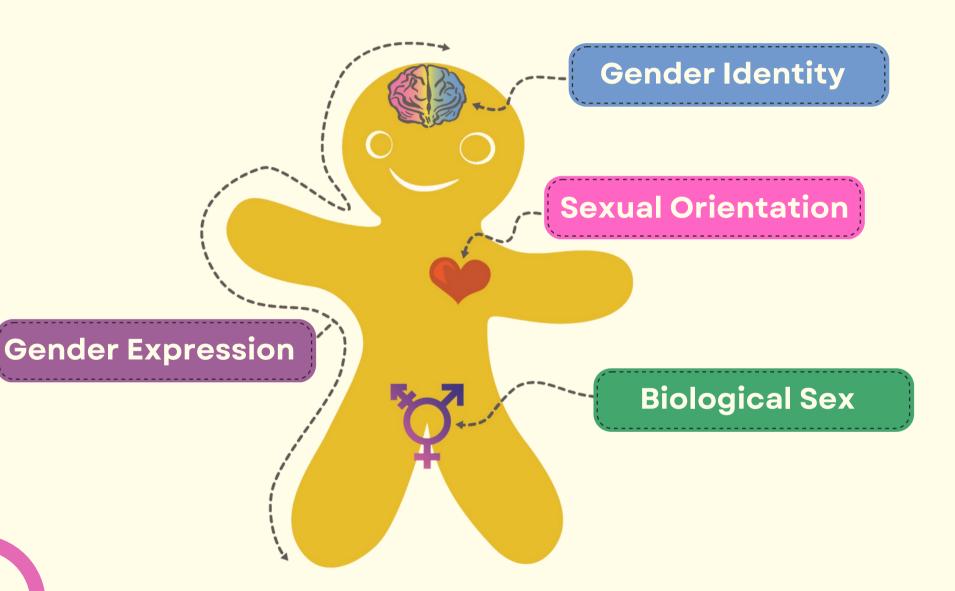
### Unconscious Bias

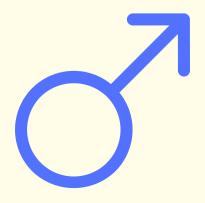
#### Profession

#### **Education**

## **Binary thinking**



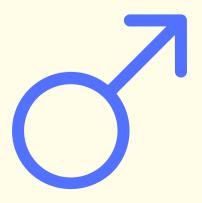




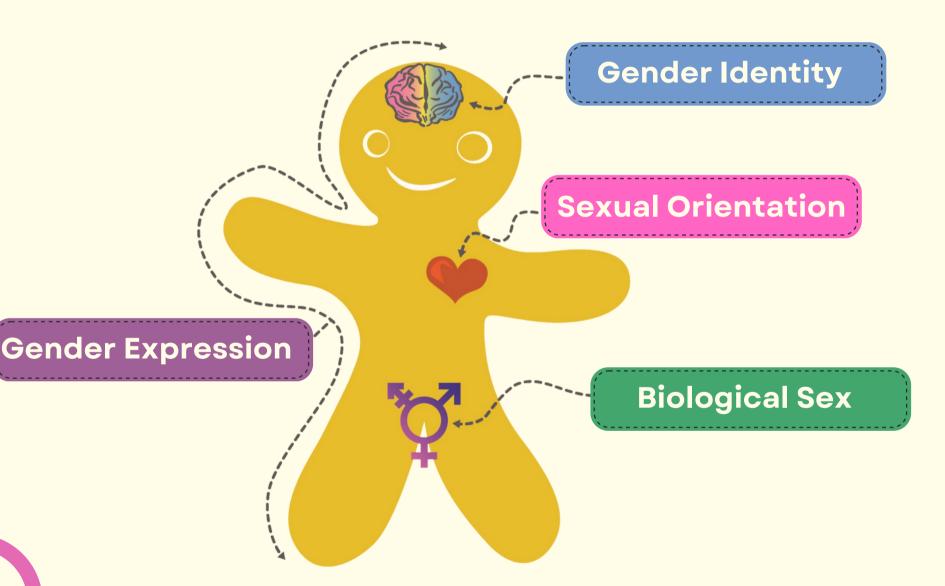


## Cisgender (cis)

Identification with gender assigned at birth and sexual characteristics

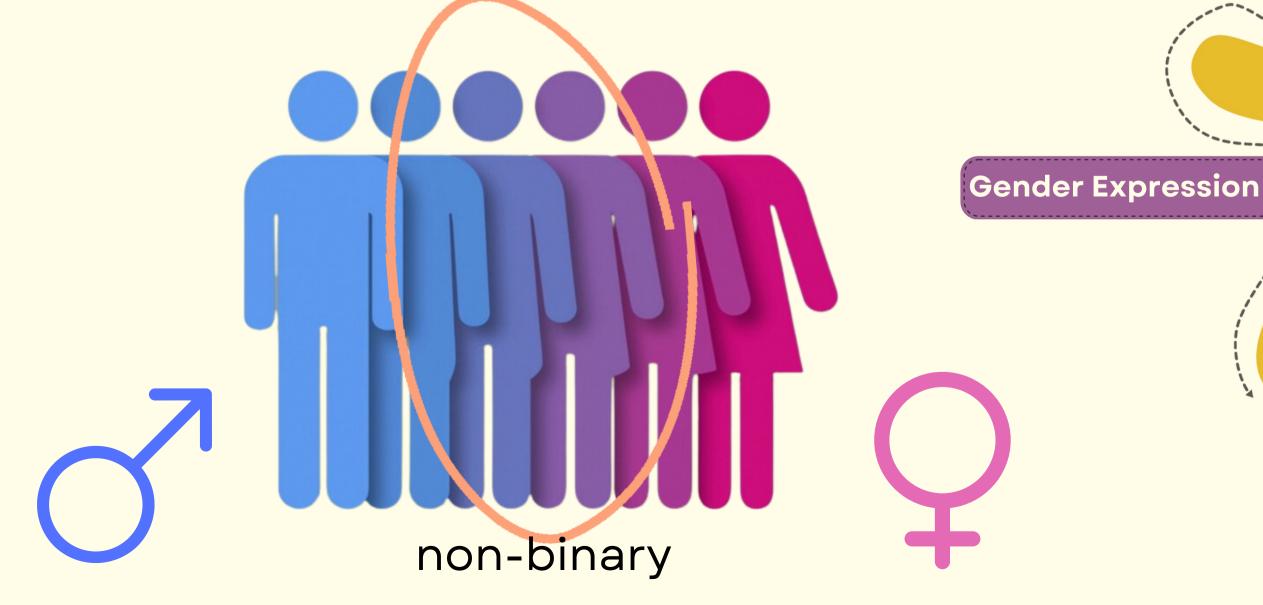


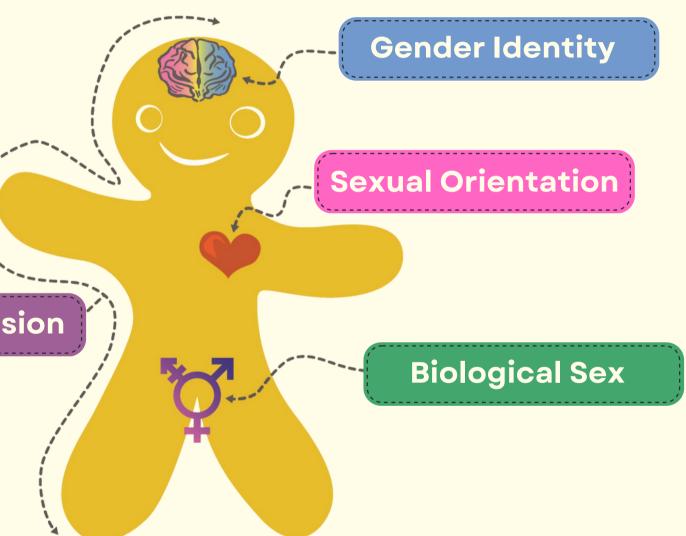




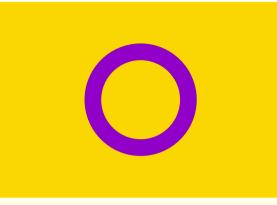
## Transgender (trans)

Gender identity does not correspond to sex assigned at birth

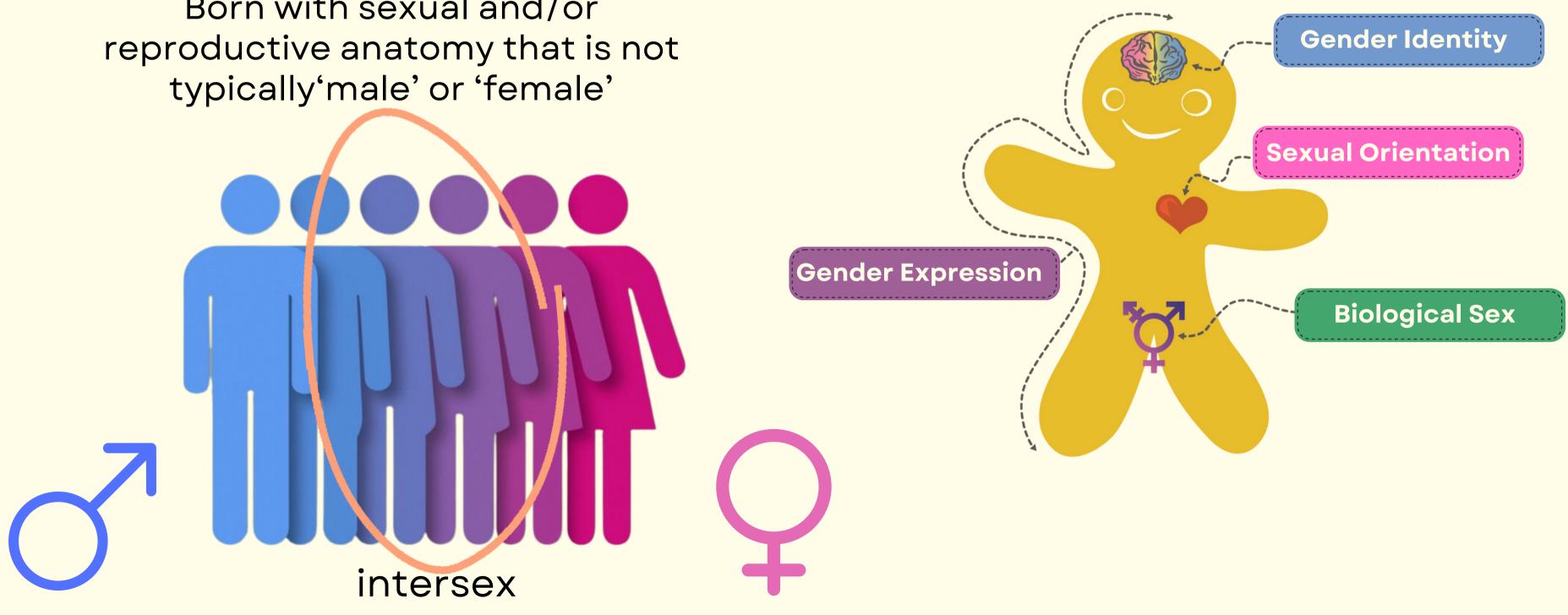




## Intersex



Born with sexual and/or typically'male' or 'female'



## **Discrimination and Privileges**

Have you ever been misgendered? Have you ever experienced discrimination because of your sex, gender identity or gender expression?

Have you ever experienced uncertainty when going to the toilet?

## HAVEYOU EVER BEEN MISGENDERED?



If you don't have to think about it, it's a privilege.

# What can you do differently in your teaching practice?

Introduce your own pronouns and chosen name, and ask your students to do the same

Do not assume students' pronouns nor gender identity Use genderneutral terminology and language where possible When you witness misgendering and genderrelated bullying, interrupt it and report it





HAVE YOU EVER EXPERIENCED DISCRIMINATION BECAUSE OF YOUR SEX, GENDER IDENTITY AND/OR EXPRESSION?

> If you don't have to think about it, it's a privilege.





# What can you do differently in your teaching practice?

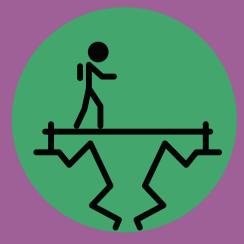
Implement theories, books and stats developed by people belonging to different sexes and gender identities Try to adopt more genderneutral terminology by using e.g. gender neutral pronouns Try to avoid labelling your students on the basis of their gender Talk to and treat all people in the same manner





Don't just correct stereotyped beliefs, but also try to challenge them





## HAVE YOU EVER EXPERIENCED UNCERTAINTY WHEN GOING TO THE TOILET?



If you don't have to think about it, it's a privilege.



## What can you do?



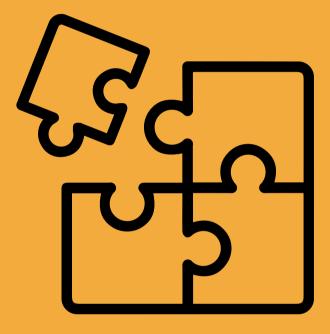


### Recognise



### **Ask carefully**



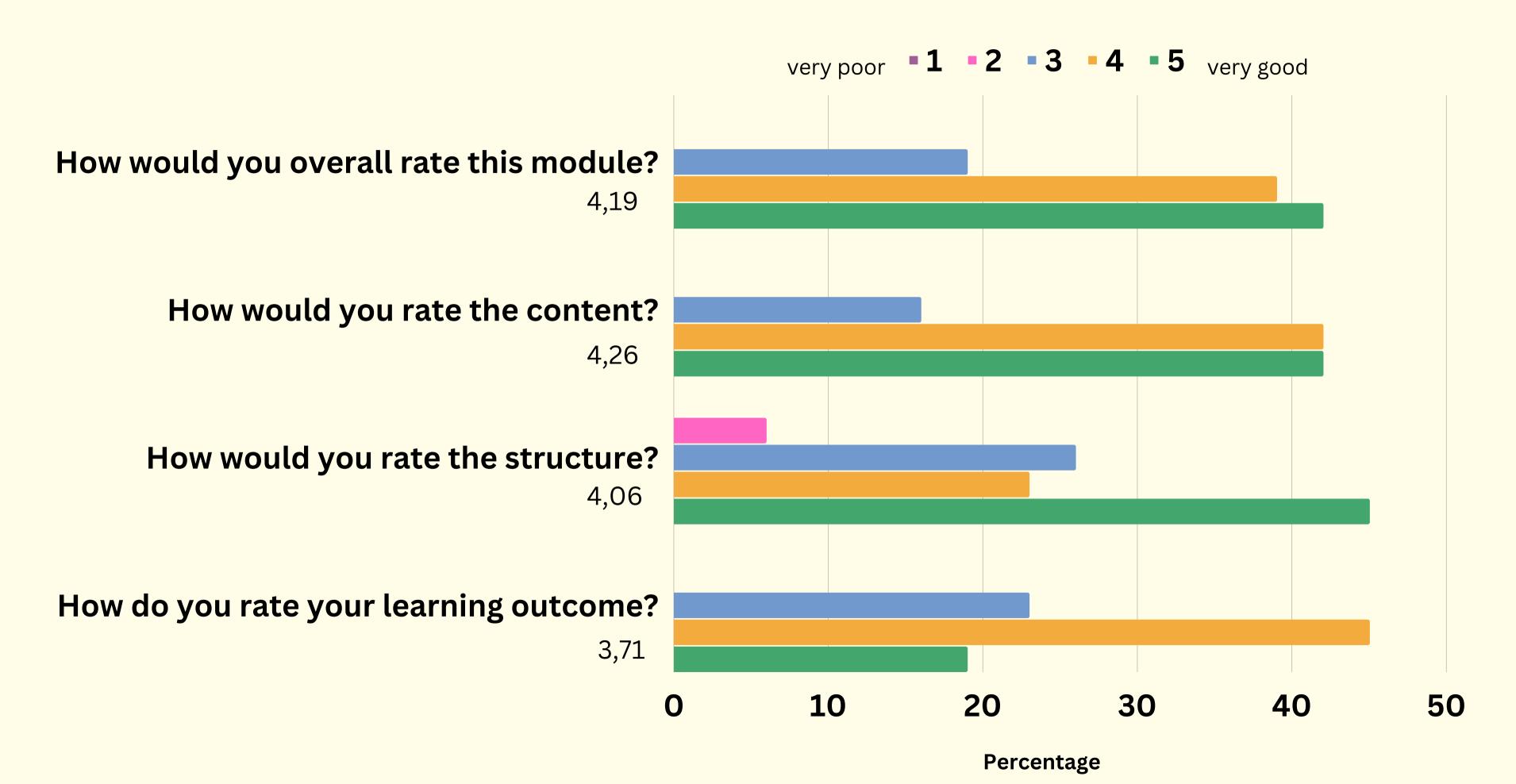






Results

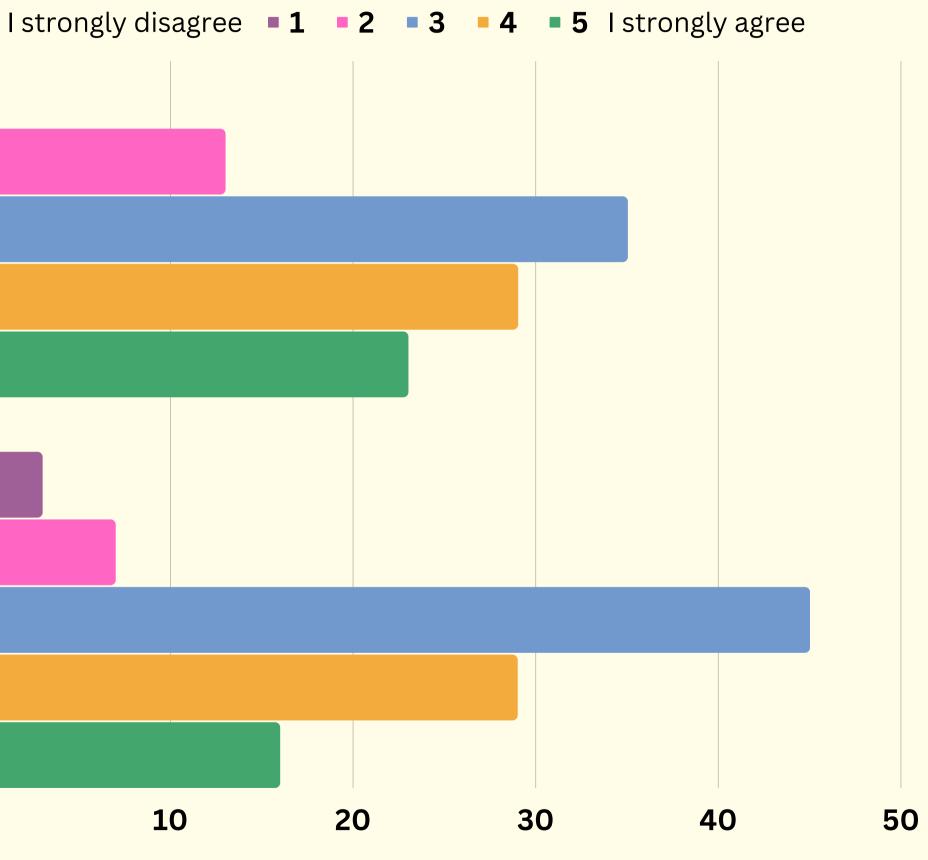




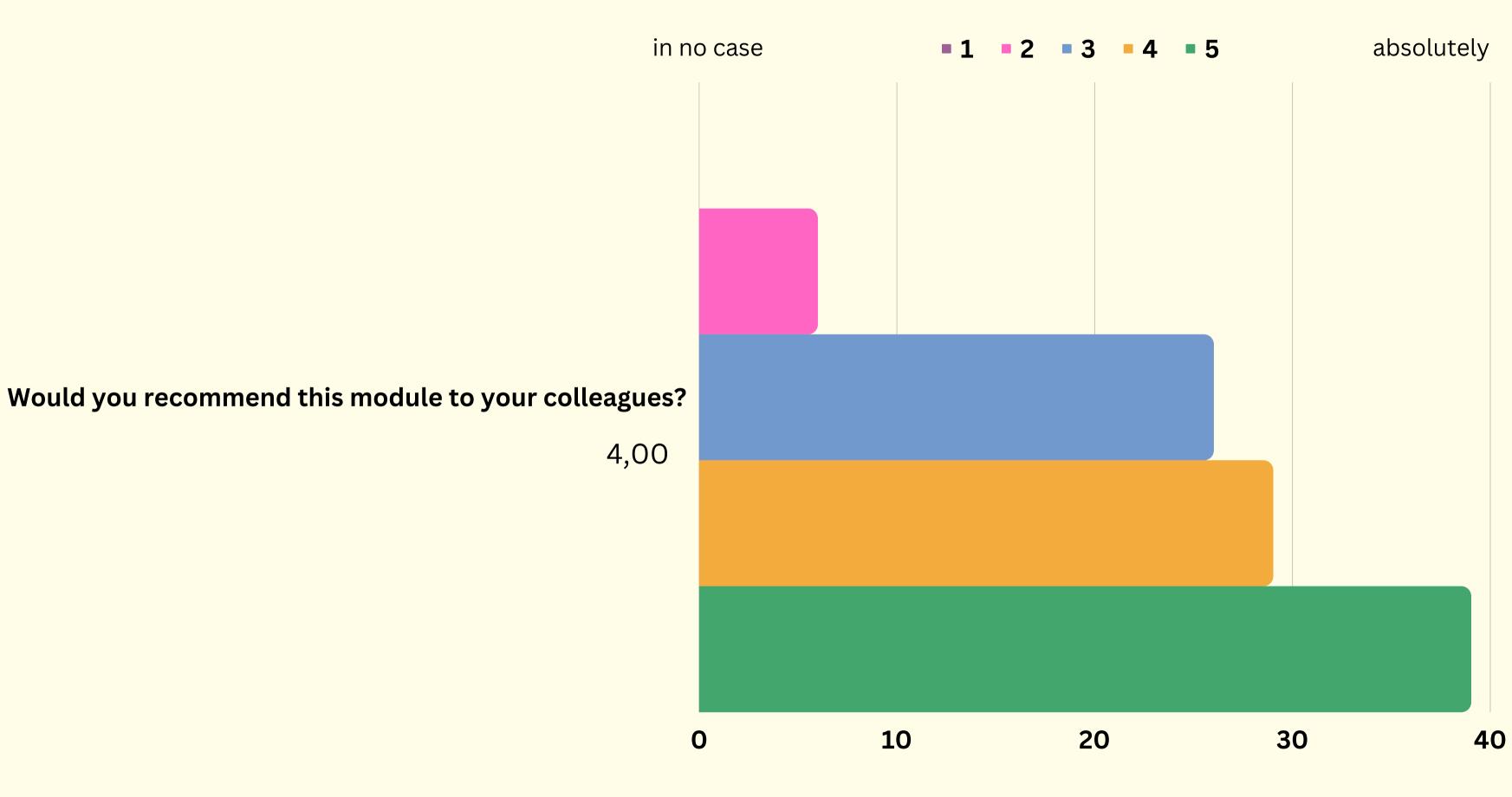
I have increased my knowledge about sex, gender identity and gender expression 3,61

After the training, I feel more confident to reduce barriers and discriminations related to sex, gender identity and gender expression 3,48

0 10



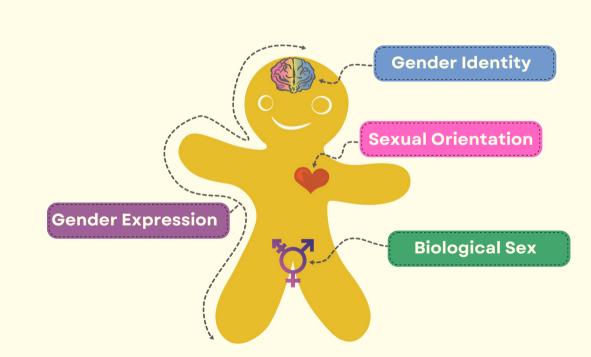
#### Percentage



Percentage

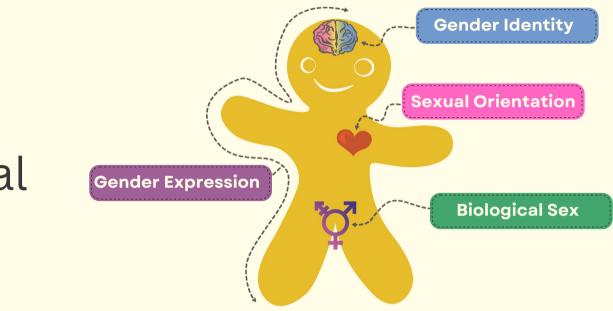
## Reasons against recommendation

- missing details on how to adress non-binary people
- technical implementations like additional ressources that are not clickable
- Repetitions (e.g. Genderbread Person like in the module on sexual orientation)



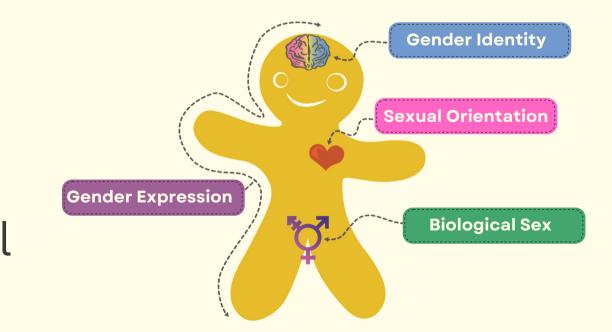
## Main Reasons for recommendation

- link to the module on sexual orientation/ complements very well to the module on sexual orientation
- good overview and first introduction
- awareness raising and helpful to reduce barriers and discriminations/encourages questioning normality
- practical for educational contexts
- structure and design
- further materials and ressources



## Further comments and suggestions

- more practical examples expected, less theoretical input
- good overview and first introduction
- awareness raising and helpful to reduce barriers and discriminations/encourages questioning normality
- further materials and resources
- structure and design
- link to the module on sexual orientation/ complements very well to the module on sexual orientation



## Summary

- overall feedback is very good and helpful
- module is very useful for a first introduction, but for some it is too basic
- little revisions needed
  - additional links and sources should be clickable or downloadable on the website
  - some parts of the voiceover
  - additional sources on how to adress nonbinary people in different languages



## Thank you for listening!





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## Videos #1

#### How to talk (and listen) to transgender people

https://www.ted.com/talks/jackson\_bird\_how\_to\_talk\_and\_listen\_to\_transgender\_people

#### The story of a parent's transition and a son's redemption

https://www.ted.com/talks/paula\_stone\_williams\_and\_jonathan\_williams\_the\_story\_of\_a\_parent\_s\_transition\_and\_a\_ son\_s\_redemption

#### What my gender transition taught me about womanhood

https://www.ted.com/talks/paula\_stone\_williams\_what\_my\_gender\_transition\_taught\_me\_about\_womanhood

#### The trans story includes you

https://www.ted.com/talks/nicole\_maines\_the\_trans\_story\_includes\_you

How I'm bringing queer pride to my rural village – Brown, African, queer and worthy of space https://www.ted.com/talks/katlego\_kolanyane\_kesupile\_how\_i\_m\_bringing\_queer\_pride\_to\_my\_rural\_village? referrer=playlist-on\_coming\_out)

#### I've lived as a man and as a woman – here's what I've learned

https://www.ted.com/talks/paula\_stone\_williams\_i\_ve\_lived\_as\_a\_man\_and\_as\_a\_woman\_here\_s\_what\_i\_ve\_learned

#### Why I must come out

https://www.ted.com/talks/geena\_rocero\_why\_i\_must\_come\_out?referrer=playlist-on\_coming\_out

#### A powerful poem about what it feels like to be transgender

https://www.ted.com/talks/lee\_mokobe\_a\_powerful\_poem\_about\_what\_it\_feels\_like\_to\_be\_transgender? autoplay=true&referrer=playlist-on\_coming\_out

## Videos #2

#### What I've learned from having balls

https://www.ted.com/talks/emily\_quinn\_what\_i\_ve\_learned\_from\_having\_balls

#### What it means to be intersex

https://www.ted.com/talks/susannah\_temko\_what\_it\_means\_to\_be\_intersex?language=en

#### The way we think about biological sex is wrong

https://www.ted.com/talks/emily\_quinn\_the\_way\_we\_think\_about\_biological\_sex\_is\_wrong?language=en

#### The biology of gender, from DNA to the brain

https://www.ted.com/talks/karissa\_sanbonmatsu\_the\_biology\_of\_gender\_from\_dna\_to\_the\_brain?language=en

#### What it takes to be a woman in STEM

https://www.youtube.com/watch?v=waD95VUbWC0

## Additional materials, literature and resources

https://blogs.hoou.de/gender/

https://www.imperial.ac.uk/equality/resources/unconscious-bias/

https://www.stonewall.org.uk/help-advice/information-and-resources/faqs-and-glossary/list-lgbtq-terms

https://lgbtq.unc.edu/resources/exploring-identities/intersex/